

The Michael Messages

Prayer

Loved Ones, there truly is great power in prayer and every reason to put faith and trust in it. Do you remember why?

The very nature of prayer is infinite, without origin, because it is connected to the energy of life. Prayer, composed of energy itself, is fluid and ever changing, but constant. There has always been communication between life and God, whether you have been conscious of it or not. When life began to express itself in a world of density and matter, you used prayer as your means of connection to your Source of Life.

The human ego has had powerful input when considering the power of prayer. It repeatedly points out how imperfect prayer is because of the pain and suffering in the world. Let us remember the mechanics of how prayer works and explore the energy of its power. If you enter a dark place and need to see, you turn on a light. Rarely do you consider from where the energy for the source of light comes, but simply expect the response of light through your action of turning the switch. In the same manner, you turn on the energy of prayer by your motive. The intent of your prayer instantly activates a given energy pattern and is linked with it. While it may be unnecessary to be conscious of where the energy source comes from to switch on a light, it may be prudent to be aware of the energy source you are activating through the intent of your prayers.

Initially, your motive in prayer was as pure and simple as turning on a light to enable you to see. You prayed and switched on the energy needed to connect with your Higher Source to see and feel Light. Your intention was clear. Indeed, you did see and feel Light.

When your free will desired to move deeper into the illusion of a dense physical reality, the intent of your prayers began to focus on concerns of a physical world, enhancing the perception of separation from your Higher Source and Life. In this attitude of isolation you began to feel a need for control and power over each other and life itself. Survival became paramount in an environment of cruelty, conflict and war. The intent of your prayers was directed accordingly, linking you into the inertia of fear instead of Divine Light.

Through the mechanics of prayer, you determine the composition of energy required to activate your prayer. Through this focus the energy links with fear, hate, control, love, light, harmony, peace, and any others, adding to the power of any particular energy composition.

Mankind has developed many different styles of prayer over the ages. Briefly reviewing some of them may be beneficial and help to make conscious choices as to what kind of energy you are empowering.

Liturgical prayer, those prayers of which you are not the original author, recited in either a group setting or individually, can be effective in connecting energy in certain circumstances. When one connects with the meaning of the words recited, an energy connection is activated, along with any others in the group who are also in the same heart place. On the other hand, simply mouthing words of a liturgical prayer is just that – mouthing words.

Rote prayer, reciting words as in a mantra, serves the purpose of quieting the mind of irrelevant thoughts and opening the door to real prayer. When you recite a mantra (either silently or aloud), using such words as “Peace” and “Quiet” on an in-breath, and “Love” and “Harmony” on an out-breath, you are turning off thought energy. When you first begin your mantra of words like these, they are often said as just words with no meaning being conveyed. As the mind quiets, your interpretation of those words can begin to be felt in the heart, triggering an energy connection. Rote prayer, in and of itself, will not connect with the energy of Light. Without the heart-meaning of the words, they are merely words – empty air. When there is no heart-feeling or intent, there is no energy connection, but it does serve the purpose of calming the mind.

Ritual prayers are words often used in traditional, religious ceremonies, such as a wedding ceremony, uniting two souls for their journey through life. When you participate with your whole heart in ritual prayer, you not only activate your own energy link, but you are also involving your energy in a pattern created and used over and over throughout time. Every time that ritual is used, it becomes more powerful.

Let us explore the mechanics of group prayer. Imagine a whirlwind of colorful leaves, gathering more leaves as the vortex swirls. The leaves close enough to the energy of the wind will be pulled in and become part of the motion. Now imagine this as a vortex of energy spiraling and collecting all similar prayers/energies everywhere, becoming more powerful with all this new inertia with which it connects. This is the movement of energy activated during group prayer. The language and/or method of the prayer used is immaterial, whether it be ritual, liturgical, contemplative, meditative, etc. When your heart's aim is similar to others, it automatically connects with that energy and becomes part of the larger vortex. These vortices connect with like energy, positive or negative. Even if you are engaged in a private prayer, the energy of that prayer joins with like prayers of other individuals, becoming a group prayer. The energy activity on this level produces what you would term as miracles/truly amazing action/re-action brought into your dimension through prayer.

Contemplative prayer is the ultimate state of awareness or at-oneness with All That Is. It takes you beyond superficial consciousness of seeming separation and alienation into cosmic Love and Light. Great spiritual masters have demonstrated contemplative prayer without actually teaching it because there are no words involved. Witnessing a master in quiet prayer was all that was needed to see the wonder and beauty surrounding them. When experiencing the conscious state of the interconnectedness of Being, the very air is charged with the energy of Love and Light.

When you allow yourself to participate in this type of quiet prayer on a regular basis, you begin to share in the true reality of life interlocking in Oneness. As wordless prayer becomes less of an exercise it will become more of a state of dynamic dimension; you are aware of not just what you Do, but who you Are. Holy Spirit is free to recover life communion and dispense with the illusion of separation. There will be more and more moments in your daily lives of joyous bliss in catching glimpses of the Oneness of Life. It will feel like jumping into the stream of life and being in its flow while you are right in the middle of daily tasks. You will realize you are all capable of being spiritual masters, whether sitting on a mountain in contemplative prayer or washing dishes. You will be on a journey remembering to discern between a superficial or ultimate reality.

Dear Ones, when you pray, be spiritually aware of where you are. Only you can determine what type of prayer best suits your purpose at any given time. What type they are is immaterial if your heart's aim is clear. If your intention is to connect with your Higher Source, you will – instantly. In this energy pattern you will know – you are Light and Love.